



Palomar Conference  
Pop Warner

P.O Box 2295  
San Marcos, CA 92069  
760-443-3935  
[dwinterspw@cox.net](mailto:dwinterspw@cox.net)

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Dear Parents,

It has come to our attention that the MRSA bacteria has become a concern in our communities at both the Pop Warner and high school levels. We are sending this letter as a courtesy to warn our participant's families. One of the ways the MRSA bacteria is spread is during contact either in sports or otherwise.

MRSA is the name given to a group of bacteria that belong to the *Staphylococcus aureus* (SA) family of bacteria. Healthy people can carry *Staphylococcus aureus* bacteria on their skin, in their noses or in the back of their throats. While the bacteria are simply being carried on the surface of the skin, all *Staphylococcus aureus*, including the MRSA strain, are not harmful to a healthy person. Because of this, most people are never aware that they are carrying the bacteria. Infection happens if the bacteria enter the body through a cut, a graze or any break in the skin. The bacteria can then cause skin infections or other more severe infections inside the body. The severity of the infection depends on where in the body the bacteria has spread to.

Palomar Conference recommends that you talk to your physician about testing your child for the MRSA bacteria. Most strains of MRSA can be treated with antibiotics; however, if left untreated can be dangerous or even fatal.

Sincerely,  
Debbie Winters  
Palomar PWFC Commissioner